

## Bend and flex your way to great results in the kitchen with silicone bakeware

Imagine if you could release your next batch of muffins from the baking pan with just a twist of the wrist. Think about how much easier it would be to clean the corners of your slice pan if you could turn it inside out. And wouldn't it be great if you could bend, squash and fold all your cookware to fit into any space in your kitchen cupboards or drawers?

Silicone bakeware can do all of this and more. If you haven't already thrown out all the bulky old metal baking pans that are taking up space in your kitchen cupboards, now is the time - all those professional French pastry chefs who have been using silicone for years couldn't be wrong!

Silicone was developed for its superior reliability, long life, and extreme temperature adaptability and stability. This means that silicone cookware can be used in the oven, microwave, dishwasher, fridge and freezer - and will still last for years. Silicone cookware is also non-stick, meaning your baked goods will pop out of the moulds without the need for excessive oil or grease – so your cooking is healthier, too. Kitchen utensils such as spoons and spatulas made out of silicone won't melt in your pan. Last but certainly not least, your food will cook and brown evenly in a silicone pan for perfect results every time.

### Benefits of silicone bakeware

- Versatile - make everything from cakes, slices and muffins to jellies and frozen parfaits.
- Just a light spray of cooking oil is all that's required, so it's healthier.
- Pans heat quickly and bake evenly with no burnt edges or bottom.
- Easy release – give your pan a slight twist to release your cakes or muffins, or invert and apply pressure to the bottom of the mould so your creations just pop out.
- Freezer, fridge, microwave, dishwasher and oven safe.
- You can bake, store, freeze and reheat in the pans.
- Won't dent, rust, stain or retain odours or flavours from cooking.
- Easy clean-up – just wash in warm soapy water or place in the top shelf of the dishwasher.
- Storing is easy – just fold and squash into any available space in your kitchen cupboards or drawers.

### About the Author

The Chefs Toolbox offers a great range of flexible [silicone bakeware](#) through its online store and home [cooking lessons](#). Visit [www.chefstoolbox.com.au](http://www.chefstoolbox.com.au) to find out more.

Source: <http://www.spinneykitchen.co.uk>